First Annual
Day of Gratitude

Heroes Journey & Wellness Gala
Sunday, November 15
12:30 – 5:30 pm

Keynote Speaker - Dr. Bernie Siegel
2 pm, The Art of Healing
New York Times best-selling author and one of the top 20 most spiritually influential people on the planet.

Special Appearance - Jay Jacobs
4 pm, NBC’s The Biggest Loser

Experience the special gifts of a select group of experts in the fields of health, beauty, wellness and fitness through mini sessions, workshops & demonstrations

* * * * *
Massage, Chiropractic, Acupuncture, Anti-Aging, Reiki, Yoga, Skin Care, Mind-Body Stress Management, Reflexology, Aromatherapy, Nutritional Counseling, Wellness Advisors, and many more

* * * * *
Complimentary Hors d’Oeuvres, Live Music, Mini Sessions Included in General Admission

* * * * *
General Admission - $20 in advance, $25 at the door
Keynote Speaker – additional $20 in advance, $25 at the door

LOCATION - 5 Eastmans Road, Parsippany, NJ

FOR TICKETS - Visit www.wellnessgala.com or call 973-713-6811

A portion of the proceeds will go to the Tourette Syndrome Association of NJ